

LIVING WILL & APPOINTMENT OF HEALTHCARE SURROGATE

I, _____, want to choose how I will be treated by my physicians and other healthcare providers. If there comes a time when I am unable to communicate or make my own healthcare decisions because of illness or injury, I direct my physicians, my healthcare surrogate, and my family to honor this living will.

Part 1 – Appoint a Healthcare Surrogate

In the event I am unable to communicate or I am incapable of making decisions about receiving, withholding, or withdrawing medical procedures or other treatments, I designate my healthcare surrogate to make choices for me according to his/her understanding of my wishes and values.

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|--|-------------|
| My Appointed Healthcare Surrogate is: | |
| Name: | |
| Address: | |
| Phone: | Alt. Phone: |

| | |
|---|-------------|
| If my surrogate is unable or unwilling then my next choice (Alternate Surrogate) is: | |
| Name: | |
| Address: | |
| Phone: | Alt. Phone: |

Part 2 – Indicate Your Wishes

I understand that this living will only becomes effective when I am no longer able to communicate or when I am not capable of making my healthcare decisions. When two physicians have determined that I have one of the following:

- ☉ a terminal or end-stage condition, and there is little or no chance of recovery
- ☉ a condition of permanent and irreversible unconsciousness, such as coma or vegetative state
- ☉ an irreversible and severe mental or physical illness that prevents me from communicating with others, recognizing my family and friends, or caring for myself in any way

then I want my doctors and others to provide comfort (palliative) care including relief of all physical pain, suffocation and mental anguish. If I develop one of the above conditions, my treatment choices are:

| My Specific Choices if I have one of the above conditions | Yes I Want | No I Do Not Want |
|---|-------------------------|------------------|
| | <i>Circle Yes or No</i> | |
| Cardio-pulmonary resuscitation (CPR) if my heart or breathing stops | Yes | No |
| A breathing machine if I am unable to breathe on my own | Yes | No |
| Nutrition and fluids through tubes in my veins, nose or stomach | Yes | No |
| Kidney dialysis, a pacemaker or defibrillator, or other such machines | Yes | No |
| Surgery or admission to a hospital Intensive Care Unit | Yes | No |
| Medications that can prolong my dying, such as antibiotics | Yes | No |
| I want Hospice involved in my care at the earliest opportunity | Yes | No |



